



## Behavioral Health Requirement

IF APPLICABLE, PLEASE PRESENT THIS FORM TO YOUR THERAPIST/PSYCHIATRIST IN ORDER FOR THEM TO ASSIST YOU IN SECURING THE DOCUMENTS NEEDED TO BE CONSIDERED FOR THE DISCOVERY CHALLENGE ACADEMY.

The client presenting this letter is now applying to the Discovery Challenge Academy Program and the on-site high school for a period of 5 ½ months (July-Dec. or Jan-June). This is an intervention and will be a temporary school assignment for students 16-18 years of age. (Receipt of these documents does not mean the student is accepted at this time).

Please provide the client with a letter completely detailing *each* of the requirements listed below so that he/she can turn it in as part of their application.

- Client's current diagnosis
- Client's former diagnosis (es), if applicable
- Treatment plan for client (to include frequency of sessions goals, client's progress, etc.)
- Any corresponding psychiatric services (To include Psychiatrist's name/contact information, current medications and dosage, history of medication management/client's responsiveness to medication, etc.)
- Treating Therapist/Psychiatrist's professional opinion on the mental/emotional stability of the client and his/her ability to complete this program (Note: this program is a 5 ½ month, quasi-military structured program, with strict adherence to discipline/rules/order and encompasses a high stress environment).

\*Note: If the client has ever been admitted to a hospital for behavioral health reasons, a complete psychological evaluation from the time of the hospitalization will be required **IN ADDITION TO** the letter provided by the current treating Therapist/Psychiatrist.

If you have any questions or need clarification regarding the Academy review process related to behavioral health only, please contact Discovery Challenge Academy Clinician Bernadette Ortiz at (209) 986-1354 or [Bortiz@sjcoe.net](mailto:Bortiz@sjcoe.net). Alternative contact is Lead Medic SFC Peterson 916-616-7624 or [peterston@iamdiscovery.org](mailto:peterston@iamdiscovery.org).

Sincerely,

Discovery Challenge Academy  
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Lathrop, CA 95330-1189