



## Behavioral Health Requirement

IF APPLICABLE, PLEASE PRESENT THIS FORM TO YOUR THERAPIST/PSYCHIATRIST IN ORDER FOR THEM TO ASSIST YOU IN SECURING THE DOCUMENTS NEEDED TO BE CONSIDERED FOR THE DISCOVERY CHALLENGE ACADEMY.

The client presenting this letter is now **applying** to the Discovery Challenge Academy Program and the on-site high school for a period of 5 ½ months (July-Dec. or Jan-June). This is an intervention and will be a temporary school assignment for students 16-18 years of age. (Receipt of these documents does not mean the student is accepted at this time).

Please provide the client with a letter completely detailing *each* of the requirements listed below so that he/she can turn it in as part of their application.

- Client's current diagnosis
- Client's former diagnosis (es), if applicable
- Treatment plan for client (to include frequency of sessions, goals, client's progress, etc.)
- Any corresponding psychiatric services (To include Psychiatrist's name/contact information, current medications and dosage, history of medication management/client's responsiveness to medication, etc.)
- Treating Therapist/Psychiatrist's professional opinion on the mental/emotional stability of the client and his/her ability to complete this program (Note: this program is a 5 ½ month, quasi-military structured program, with strict adherence to discipline/rules/order and encompasses a high stress environment).

\*Note: If the client has ever been admitted to a hospital for behavioral health reasons, a complete psychological evaluation from the time of the hospitalization will be required **IN ADDITION TO** the letter provided by the current treating Therapist/Psychiatrist.

If you have any questions or need clarification regarding the Academy review process related to behavioral health only, please contact Discovery Challenge Academy Clinician Bernadette Ortiz at (209) 986-1354 or [Bortiz@sjcoe.net](mailto:Bortiz@sjcoe.net). Alternative contact is Lead Medic SFC Peterson 916-616-7624 or [peterson@iamdiscovery.org](mailto:peterson@iamdiscovery.org).

Sincerely,

Discovery Challenge Academy  
P.O. Box 1189  
Lathrop, CA 95330-1189